

-Unlocking your true potential...



# Health Training Programme



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Creating Possibilities  
**Together**

## Health Training Programme



**I**RM is the leading specialized skill enhancement and capacity development training institute in not-for-profit sector of Asia. The programmes offered by IRM aim at reducing poverty and enhance human and organizational productivity. Health Training Programmes make a significant portion of IRM community and Staff portfolio.

Healthcare field is rapidly growing and evolving thus creating strong demand for qualified professionals as well as aware rural community members. That's why we are continuously improving and expanding portfolio of our offered Health Programmes.

Health Training Programmes at IRM are conducted in collaboration with registered Government and non-government institutes and UN agencies. IRM provides additional inputs to remove the impediments of rural communities by our much admired Life Skills Training. It is an integral component of all our long duration training programmes. Each course is designed with a specific target audience in mind and is linked to a national or local public health priority area.

## Emergency & Relief

First Aid Training Level 1-2	10 days
School Health Services	06 days
Flood Rescue Training	01 day
Epidemiology in DRR	01 day
Epidemic Prevention	05 days
<b>Emergency First Aid Training</b> This training will provide an opportunity for the participants to get job in Public/ Private hospital (trauma centers) and rescue services.	<b>Duration:</b> 60 days (30 days class room and 30 days apprenticeship with Emergency wards in Health Department)  <b>Selection criteria:</b> F.A, F. Sc (or appeared in exams) <b>Eligibility:</b> Age between 16 - 35

## Emergency & Sanitation

Health & Sanitation Training	15 days
Health & Hygiene Sessions	01 day
School Health Services	6 days

## Employable/ Professional Health Training

Employable Health Training offered by IRM provides technical and theoretical skills to the youth of rural & urban areas, who didn't have access to formal health educational institutes. The objective is to enable the educated unemployed youth to become skilled so that they may carve a better future for themselves as well as for their families. The programme is directed at generating opportunities of self-employment as well as jobs within the country and abroad.

All professional training programmes are done in partnership with highly reputable hospitals, laboratories and medical institutes.

## **Health & Sanitation Training**

After attending this training the participants will be able to work as Laboratory Attendants and Assistants of Laboratory Technicians in private sector Pathology Laboratories. Moreover, these Lab Attendants can work more efficiently as wards boys of Pathology Labs in Public Sector hospitals as well.

## **Operation Theatre Attendant Training**

Participant are trained in Operation Theatre techniques like sterilization of surgical instruments, sterilization of OT, maintenance and general cleaning of anesthesia and other machines placed in OT. They can work as helpers of operation theatre technicians working in private and public sector hospitals.

## **Medical Store/Pharmacy Attendant Training**

Trainee could become an earning hand by participating in it. These trainees can joint medical stores as sales men and could work in more professional manner in the private sector.

## **Dentist Attendant Training**

After this training the participant will be able to work with dentists as attendant in dental clinics and can assist dentists in their day to day practice.

## **Optical Attendant Training**

After this training the participant will be able to work with Eye surgeon and opticians as attendant in eye clinics and can assist ophthalmologists in their day to day practice.



## **Dressing Attendant Training**

Trainee will be able to work as Medical Dresser Attendant in different private clinics and hospitals where they could do patient receiving, guidance, minor procedures like dressings and assisting doctors in very professional ways.

## **X - ray Attendant Course**

The participants of this training could get job as helper/ assistant to Radiographers working in X- Ray units of hospitals and can prove to be quality Human Resource for private diagnostic centers.

## **Outdoor Patient Daily (OPD) Attendant Training**

The students after getting training can work as OPD Attendant in different private clinics and hospitals where they could do appointments, registrations, minor procedures like dressings and assisting doctors in very professional ways.

## **Nursing Attendant Training/Clinical Assistant Training**

The students after getting training can work as Nursing Attendant in different private clinics and hospitals where they could do patient receiving, triage, minor procedures like dressings and assisting doctors

## **Maternity Attendant Training**

Trainee will be able to work in private & public maternal and Child Health Care centers in rural areas and will assist Pediatricians and Gynecologists in their private clinics. These attendants can get jobs as LHWs and TBAs in provincial health programs where they could prove to be more skillful than conventional LHWs and TBAs.

For all above mentioned employable health training following specifications are applicable:

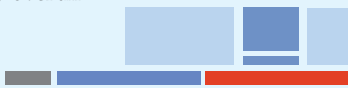
**Duration:** 60 Days 30 days class room and 30 days apprenticeship with hospital/Doctor/BHU in respective section

**Selection criteria:** F.A, F.Sc (or appeared in exams)

**Eligibility:** Age between 16 - 35

**Community contribution:** PKR. 1000 for all above training

**Dress Code:** Trousers, Shirt, Shoes & white gown/ over all





### Medical Representative Training

It is a specialized field for pharmacy industry. The trainees could get jobs as medical representatives in different pharmaceutical companies and could become more efficient in their work as 'marketing executive'.

B.A, B.Sc (or appearance in exams), Age: 20 - 35,

**Duration:** 30 days Class room and 30 days apprenticeship with Pharmaceutical Companies

### Reproductive Health Training

Course	Duration	Criteria
Family Planning Orientation	01 day	
Lady Health Workers	06 days	2 year practicing experience
TBA (Traditional Birth Attendant) Training	30 days	2 year practicing experience
<b>Mother and Child health Care Training</b> After attending the course, the trainee will be able to understand the safe maternity practices, improved standards of mother and child health care that will pave way for their employability. *30 days class room training and 30 days apprenticeship with Gynecologists is compulsory for all reproductive health training.	60 days	2 year practicing experience



### Community Health

The staff of Health Training programme is dedicated to improving the abilities of organizations and individuals to deliver accessible, high quality, culturally proficient and compassionate services to our rural communities.

Social Safety Nets Training Programmes	30 days
Health Committee Training	3 days
Family Planning Orientation	1day
Community Health Worker Training Level -I	30 days
Community Health Worker Training Level - II	30 days
Community Health Worker Training Level - III	30 days

### Refreshers

Social Safety Nets Training Programme	30 days
Health Committee Training	03 days

### Staff Courses on Request

Health programme also responds to specific organizational needs and offers tailor-made courses within IRM and in field areas. Reproductive Health Training, Health systems Management & Research, Environment and occupational Health, Applied Nutrition and Sexual & Gender Based Violence etc.; such courses also include specially designed versions of community health training programme according to participant needs. The courses are suitable for assistant clinicians, researchers, public health professionals and mid level managers working in the area of reproductive health.



## Equal Opportunities and Accessibility

We endeavor to make our courses accessible to all. If you have any particular needs/disability, which it would be helpful for the facilitator to know about, please contact us directly to discuss prior to the course.

## Learning style

The basic learning strategy will be 'learning by Doing'. This will be accomplished through lectures, tutorials and discussions.

Quality for all courses is ensured through certification from reputable medical institutes for all Health Training Programmes.



F.G. Polyclinic Post Graduate Medical Institute



National Institute of Health



Islamic International Medical Trust



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IRM is an ISO Certified Organization

IRM is the largest specialized training institute in not-for-profit sector in Pakistan